

## Resources to support young people with autism moving to adulthood

### Projects

<b>Title</b>	<b>What</b>	<b>Link</b>	<b>Information</b>	<b>Country</b>
Autismo Andalucia	Project	<a href="http://www.autismoandalucia.org">www.autismoandalucia.org</a>	Employment – working with local organisations to create jobs; individualised support with trained job coaches	Spain
ESAT Les Colombages	Project	<a href="http://www.afg-web.fr">www.afg-web.fr</a> Email: <a href="mailto:afg@afg-web.fr">afg@afg-web.fr</a>	Sheltered employment – providing paid jobs, workshops producing goods and services for open market	France
TERLAB	Project	<a href="http://www.autisme.com">www.autisme.com</a>	Sheltered employment workshops for adults with high support needs and autism; agriculture and farming skills; therapeutic treatment and work development	Spain
Autismo Bizkaia	Project	<a href="http://www.apnabi.org">www.apnabi.org</a>	Employment – catering/hospitality centre with 80% staff people with difficulties finding work; also occupational service – Azlan Digital – work experience across all skills to achieve social inclusion	Spain
Nuevo Horizonte	Project	<a href="http://www.nuevohorizonte.es">www.nuevohorizonte.es</a> Email: <a href="mailto:asociacion@nuevohorizonte.es">asociacion@nuevohorizonte.es</a>	Adult education programme – focus on brain skills, personal autonomy, community integration, vocational skills leading to supported employment	Spain
Court of Venice	Project	<a href="http://www.autisme75.org">www.autisme75.org</a> Email: <a href="mailto:a75.siege@autisme75.org">a75.siege@autisme75.org</a>	Personalised support for 22 young people age 12-18 with autism, providing support in education and social life	France
Brain in Hand	Project	<a href="http://www.braininhand.co.uk">www.braininhand.co.uk</a>	Personalised tech app/phone support for people with autism, supporting coping strategies, anxiety prompts, through hand held technology and telephone mentor service; supports independence at home or college	UK
Specialisterne	Project	<a href="http://www.uk.specialisterne.com">www.uk.specialisterne.com</a>	Employment – company assesses, trains and employs people with autism in IT and other sectors such as data	UK (main branch in Denmark)

			management, software testing etc; recent partnership in US with Microsoft and in other countries with large businesses	
Estia	Project	<a href="http://www.eseepa.gr">www.eseepa.gr</a>	Vocational training centre for people with intellectual disabilities – provides supported employment, social skills training; food production workshops produce goods for sale and centre	Greece
Theotokos	Project	<a href="http://www.theotokos.gr">www.theotokos.gr</a> Email: <a href="mailto:theotokos@theotokos.gr">theotokos@theotokos.gr</a>	Pre-vocational training for age 14-20 with autism and/or intellectual disabilities; improve skills, communication and independence leading to integration and autonomous work	Greece

## Research

Title	What	Link	Information	Country
Transition to adult services and adulthood for YP with ASC	Research	<a href="http://www.york.ac.uk/inst/spru">www.york.ac.uk/inst/spru</a>	2013	UK
Research Autism	Research	<a href="http://www.researchautism.net">www.researchautism.net</a>	Links to wide range of transition publications, guidance and resources	UK
Hunter Heartbeat Method – Theatre	Research	<a href="http://www.kellyhunter.co.uk">www.kellyhunter.co.uk</a>	Using Shakespeare to engage with communication and socialisation skills of young people with autism; monitored by Ohio State University	UK
Autism och Asperger Forbundet – Project Rusta (Project Prepare)	Research	<a href="http://www.autism.se">www.autism.se</a>	Identifies support for students with Asperger syndrome studying at college or university to explore and evaluate interventions	Sweden
Smart ASD	Research	<a href="http://www.smart-asd.eu">www.smart-asd.eu</a>	Researching communication devices to support autistic students learn; developing training course and materials	EU funded – partners include Spain and UK
Autism Spain	Research	<a href="http://www.autismo.org.es">www.autismo.org.es</a> Email: <a href="mailto:info@autismo.org.es">info@autismo.org.es</a>	Social research study into employment to improve knowledge and identify barriers	Spain (collaboration of

				77 national organisations)
HANDS (Helping Autistic Diagnosed Teenagers Navigating and Developing Socially)	Research	<a href="http://www.hands-project.eu">www.hands-project.eu</a> Email: <a href="mailto:po@hum.aau.dk">po@hum.aau.dk</a> (Peter Ohrstrom) Email: <a href="mailto:scharfe@hum.aau.dk">scharfe@hum.aau.dk</a> (Henrik Scharfe)	Research into improving quality of life for teens – providing a mobile ICT toolset to support daily situations, improve social skills, and progress to independence; flexible learning tool customised to individual needs supported by family and educators	EU funded – partners include UK and Sweden
ABLE (Autism Building Links with Employers)	Research	<a href="http://www.projectable.eu">www.projectable.eu</a> Email: <a href="mailto:info@orchardville.com">info@orchardville.com</a> (put Project ABLE into subject line)	Research into impact and influence of employees with autism in open labour market; developing training resource for employers to assist and retain employees with autism	EU funded – partners include UK, Sweden and Greece

## Toolkits

Title	What	Link	Information	Country
Transition toolkit – helping you support your child through change	Toolkit	<a href="http://www.autismeducationtrust.org.uk">www.autismeducationtrust.org.uk</a>	Summary of key issues and support strategies Links to materials	UK
Autism Europe	Toolkit	<a href="http://www.autismeurope.org">www.autismeurope.org</a>	‘Right to health and habilitation’ a toolkit for parents and self-advocates	Europe
Brain Pop	Toolkit	<a href="http://www.enseignants.brainpop.com">www.enseignants.brainpop.com</a>	Online animation teaching tools – visual aids for learning – includes topics: adulthood, creativity, adolescence etc	France
Informatique Education	Toolkit	<a href="http://www.informatique-education.fr">www.informatique-education.fr</a>	Online learning programmes including topics: emotions, communication etc	France
Jotradi Project – Job Training for People with Intellectual Disability and ASDs	Toolkit	<a href="http://www.trainingforjob.eu">www.trainingforjob.eu</a>	Materials to support educators to prepare and support people with autism into employment; includes assessment, guidance, observation skills etc	EU-funded (includes Spanish partner <a href="http://www.intras.es">www.intras.es</a> )

Fundacion ONCE	Toolkit	<a href="http://www.fundaciononce.es">www.fundaciononce.es</a> <a href="http://www.guiauniversitaria.fundaciononce.es">www.guiauniversitaria.fundaciononce.es</a>	University guide for students with all disabilities (including autism)	Spain
Autism Uni	Toolkit	<a href="http://www.autism-uni.org">www.autism-uni.org</a>	Resources to manage transition to university, part of project to support autistic students access higher education	EU funded

## Online Information

Title	What	Link	Information	Country
Network Autism Transitions Support	Online information	<a href="http://www.network.autism.org.uk">www.network.autism.org.uk</a>	Variety of articles, discussion groups and research links	UK
Disability Rights	Online information	<a href="http://www.disabilityrights.org">www.disabilityrights.org</a>	Info on further education and equality act	UK
NAS information on transition	Online information	<a href="http://www.autism.org.uk">www.autism.org.uk</a>	Starting and changing schools Leaving school Community Care for adults	UK
Transition Information Network	Online information	<a href="http://councilfordisabledchildren.org.uk/transition-information-network">http://councilfordisabledchildren.org.uk/transition-information-network</a>	Alliance of organisations and individuals	UK
Autistic Women's Empowerment Project	Online Information	<a href="http://www.autisticwomensempowermentproject.com">www.autisticwomensempowermentproject.com</a>	Info on autistic teen girls and young women	UK
Aikaterini Laskaridis Foundation	Online Information	<a href="http://www.laskaridou.gr">www.laskaridou.gr</a> <a href="http://www.mentalhealth.laskaridou.gr/en">www.mentalhealth.laskaridou.gr/en</a>	Non-profit running education programmes, including mental health and autism	Greece
Autism-Asperger Hellas – Praxis	Online Information	<a href="http://www.autismpraxis-ning.com">www.autismpraxis-ning.com</a>	Adolescence discussion group as part of online communication hub for professionals and parents; social network with over 300+ members;	Greece
Autisme France	Online Information	<a href="http://www.autism-france.fr">www.autism-france.fr</a>	Information website including employment guidance and life skills	France

Dialogue Autisme	Online Information	<a href="http://www.dialogueautisme.com">www.dialogueautisme.com</a>	Links to research, key policy and survey research around autism	France
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## **Publications**

<b>Title</b>	<b>What</b>	<b>Link</b>	<b>Information</b>	<b>Country</b>
Autism: planning for transition into community living	Publication	Network autism	Dr Mitzi Waltz. 2016	UK
Transition from secondary school to adulthood	Publication	Network autism	Rachel Babbidge, 2015	UK
Transition Research Bulletin	Publication	<a href="http://www.middletonautism.com/research/">www.middletonautism.com/research/</a>	Vol. 1 1999, Vol 2. 2014	UK
Pathways to getting a life: transition planning for full lives	Publication	<a href="http://www.gettingalife.org.uk">www.gettingalife.org.uk</a>	Resources and pathways DoH, 2008-11	UK
Supporting autistic people to transition into university life	Publication	Network autism	Birmingham City University, 2015	UK
Transmap programme: the underlying principles in supporting disabled young people in transition to adulthood	Publication	Network autism	Dept. for Children, Schools and Families 2008	UK
Top 5 tips for autism professionals: transition from CAMHS and MH services	Publication	Network autism	Patrick Sims, 2015	UK
Making personal budgets work for people with autism in transition	Publication	Network autism	Chris Mitchell, 2012	UK
Finished at school – guide for college and school professionals to support	Publication	<a href="http://www.ambitiousaboutautism.org.uk">www.ambitiousaboutautism.org.uk</a>		UK

young people with autism to move from schools to college				
South Devon College transition – good practice	Publication	Network Autism	Information about specialist autism unit The Lodge	UK
Transition to Adulthood: A life course perspective	Publication	<a href="http://www.crae.ioe.ac.uk">www.crae.ioe.ac.uk</a>	Centre for Research in Autism and Education, 2015	UK
BASIC college curriculum series, including: Developing Identity, Strengths and Self Perception for Young Adults with ASD Independence, Socialising and Study for Young Adults with ASD Turning Strengths into Careers for Young Adults with ASD Developing Workplace Skills for Young Adults with ASD	Publication	<a href="http://www.jkp.com">www.jkp.com</a>	Series of educational books to support college progression or self-study	UK
The Student with Asperger Syndrome in Compulsory Secondary Education	Publication	<a href="http://www.asperger.es">www.asperger.es</a>	Guide for education providers	Spain
Autism Europe	Publication	<a href="http://www.autismeurope.org">www.autismeurope.org</a>	Report into autism and employment	Europe

## Helpline

Title	What	Link	Information	Country
NAS Transition helpline	Telephone and email support	<a href="mailto:transitionsupport@nas.org.uk">transitionsupport@nas.org.uk</a> 0808 800 0027	Helpline for families	UK

## **Training**

<b>Title</b>	<b>What</b>	<b>Link</b>	<b>Information</b>	<b>Country</b>
Training workshop – Autism West Midlands	Training module	<a href="http://www.autismwestmidlands.org.uk">www.autismwestmidlands.org.uk</a>	Training module – tackling the teenage years, 6 wk parent course for 12-18yrs Resource – Autism, change and transition	UK
NAS Training	Training module	<a href="http://www.autism.org.uk">www.autism.org.uk</a>	Teen Life parent seminar	UK
Autism Europe	Training module	<a href="http://www.autismeurope.org">www.autismeurope.org</a>	Training modules for rights-based services	Europe