

# TRAIL

## Lyon April 2016

### INFO:

Bev Price  
United Kingdom  
The National Autistic Society, Family Support Services Manager

### Questions:

1) What did you learn/gain from this training program? (Did the organizing, objectives and outcomes meet your expectations?)

*It was very interesting to share the autism experience and skills of our European colleagues. The week was well planned, but I did not feel we covered the area I believed we were gathered to work on. The presentations and training were not teenage focused.*

2) How was the TC atmosphere and the cooperation - brainstorming among the participants?

*We were made to feel very welcome and all group members cooperated with each other. This in turn enabled discussions to be open and interesting. We heard information about the services delivered in regions of each nation attending.*

3) Was it your first participation in an Erasmus+ Project Mobility? What are your impressions/ experiences in general? Would you participate again in a similar action?

*Yes this was my first participation. Information shared was interesting and thought provoking and delivered by people who very obviously feel passionately about supporting people with autism and their families. There did seem to be a high level of focus on people with a learning disability and autism. I would be happy to take part again, but perhaps for a shorter length of time, I felt our schedule could have been condensed.*

4) Are you going to implement any of the training materials- methodologies at your working environment? If yes, which part(s)?

*It is always useful to hear and appreciate different approaches and styles. Our own training at the National Autistic Society is very comprehensive and can be adapted to meet the needs of different individual groups, many modules are written by people with autism.*

**INFO:**

Sharlene Davis  
United Kingdom  
The National Autistic Society  
  
Business Development Manager

**Questions:**

1) What did you learn/gain from this training program? (Did the organizing, objectives and outcomes meet your expectations?)

It was interesting to hear the developments made from the Hipe4ASD project with the intention of it being an awareness course, introducing people to the world of autism. The National Autistic Society was not involved in the Hipe4ASD project but it was nice to know of the potential for the project. This said, our time would have been better spent discussing the project during 1 day not 2 days, as many of the partners had a great understanding of autism.

In regards to the objections and outcomes of the TRAIL project, I was under the impression we were going to share best practice knowledge about supporting teenagers with autism & support the development of a training programme? which we did not do unfortunately.

2) How was the TC atmosphere and the cooperation - brainstorming among the participants?  
It was great to share our practices

The atmosphere & cooperation from the organisation was fantastic. We were definitely given a warm welcome. Our ideas, personal perspective and information shared from the NAS was well received.

3) Was it your first participation in an Erasmus+ Project Mobility? What are your impressions/ experiences in general? Would you participate again in a similar action?

Yes, this was my first participation in the Erasmus+Project Mobility. I found it interesting meeting the Apajh & Mobil teams including the European partners. We were informed the 1st disability act, in France, came out in 1995 so I think they are doing an amazing job so far! I was impressed with the work the teams were doing in their local areas.

I hope there will be a positive mindset shift for local people, as 1 of the trainers described people with asperger syndrome as militant 'wanting their own way', also the use of institutions, keeping people with autism in the same working environment seems to be the current norm. In a positive light, jobs have been explored for people with autism which is good.

I would participate again, but only if the objectives were very clear from the beginning. I would need to ensure I am spending my time effectively, making a difference in supporting the project.

4) Are you going to implement any of the training materials- methodologies at your working environment? If yes, which part(s)?

*As the NAS has comprehensive face to face & online training modules we were continue developing our packages to suit the needs of our families, professionals & people with autism, in the UK & Internationally.*