

TRAIL Testimonials

Lyon April 2016

Foteini Paparrigopoulou, Greece, InterMedi@KT

- 1) What did you learn/gain from this training program? (Did the organizing, objectives and outcomes met your expectations?)**

This training program was an extremely nice experience, as it was more interesting than I expected. I learned how much organized are in France - and not only - in the issue of autism and the mobile teams that help autistic children. They introduced us a lot of methods they use at their work, which we don't have here in Greece and made us want to learn more and more about them.

- 2) How was the TC atmosphere and the cooperation - brainstorming among the participants?**

The TC atmosphere and the cooperation- brainstorming among the participants was very friendly and everyone was trying to explain their jobs and give knowledge about how they work to all of us. They truly wanted to share everything they knew and make us feel comfortable to ask them whatever we wanted.

- 3) It was your first participation in an Erasmus+ Project? What are your impressions/ experiences in general? Will you participate again in a similar action?**

This participation was my first in an Erasmus+ Project and I am very happy, because I had the opportunity to see how people work and help autistic children and adults. For me was an experience that happens once in a lifetime and I will remember and discuss about it with my family and friends again and again for years!

- 4) Are you going to implement any of the training materials- methodologies at your working environment? If yes, which part?**

From the materials- methodologies that I learned from this participation, I want to believe that I will have the opportunity to use at my working environment. It is not very easy, as we don't have the money that are required to do that, but at least I will try to help children and adults with autism with ideas I heard and learned from the experts in France and the other countries, which participated.

Dimitra Prappa, Greece, InterMedi@KT

- 1) What did you learn/gain from this training program? (Did the organizing, objectives and outcomes met your expectations?)**

The TC program was a unique experience. We learned about how expertises in our field work in other countries of the European Union, the similarities and the differences. It was more interesting than I expected- well organized, intriguing matter orientation. This will be a once in a lifetime experience and I am glad to bring it to my colleagues in Greece.

- 2) How was the TC atmosphere and the cooperation - brainstorming among the participants?**

The atmosphere of the TC program was truly friendly. We were amazed by the French hospitality within and out of the project. Everyone was given the chance to speak on behalf of their country and each and one's answer was accepted with interest. We had the chance to talk about our work, share our experiences and ask as many questions we wanted.

- 3) It was your first participation in an Erasmus+ Project? What are your impressions/ experiences in general? Will you participate again in a similar action?**

This Erasmus + Project was my first participation in a European program. It was a unique experience and I consider myself very lucky to be part of a multicultural team. Most certainly, I would do it again, given the opportunity!

- 4) Are you going to implement any of the training materials- methodologies at your working environment? If yes, which part?**

The most important part of our experience was given by our French colleagues, who considered team work as the most important aspect of their method with autistic children and adults. Along with that, I would implement their innovations for specialties in our field, such as doctors specialized doctors for treating pain in autistic people, external programs and the autism awareness program within their countries borders.